

THE CITY MISSION 2023 IMPACT REPORT

on our Free Food Program for Waterbury.



Dear Friends,

We are pleased to report that in 2023, we successfully collected and distributed tens of thousands of pounds of food to hundreds of local households who are struggling with food instability. Here in Waterbury, 1 in 4 adults identify as food insecure, which means they cannot sustain adequate amounts of food due to ongoing economic and financial hardship. Because of the heartfelt support of our many partners, we were able to provide a consistent food supply to struggling households, promote nutritious meals, help local residents save money on rising food costs, and reduce unnecessary food waste in our community!

We distributed **82,119** lbs in 2023!

Distributions by Month

Total Pounds Distributed

January	7,389 lbs
February	6,299 lbs
March	7,364 lbs
April	6,796 lbs
May	7,800 lbs
June	7,368 lbs
July	6,937 lbs
August	8,229 lbs
September	5,451 lbs
October	7,064 lbs
November	5,994 lbs
December	5,428 lbs

BUT WAIT, THERE'S MORE...!

See the next page for the true community impact of our Food Distributions!

DID YOU KNOW?

There is an equivalency for **meals** provided AND food **costs saved** for those community residents who benefited from our Food Distribution?

68,432 Meals | **\$276,467** Saved

*1.2lbs = 1 Meal, per US Department of Agriculture.

*New Haven Co. = \$4.04 per meal, per FeedAmerica.org.

In summary, our total food distributions in 2023 weighed 82,119 lbs and provided an equivalency of 68,432 meals and \$276,467 in food costs saved for recipients.

WHO YOU HELPED US SERVE.

Your support helped us to serve cost-burdened **FAMILIES**, **SENIOR CITIZENS** living on a fixed income, school-aged **CHILDREN** from food-insecure homes, and **HOMELESS** men and women needing daily meals to keep them sustained.

Here are some of those who benefited from your generosity...

Nottingham Towers, David Gardens, Southmayd Home, Waterbury Senior Center, Waterbury Youth Services, St. Vincent DePaul Soup Kitchen, City Mission Schools, and many other Waterbury residents in need!

YOU MADE A DIFFERENCE!

From all of us here at CITY MISSION, we thank you for your generosity and kindness.



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